

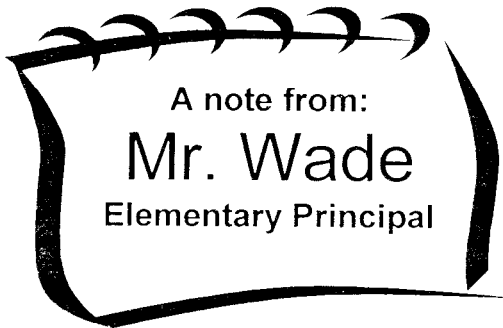
AT
ALEXANDER
ELEMENTARY

PARENTS

Make A
Difference!



Vol. 6, No. 8 April 2004



A note from:
Mr. Wade
Elementary Principal

Coming up on Monday, April 12 all students 1st through 5th grades will begin taking their annual achievement test.

The purpose of these tests is to find out each child's strengths and weaknesses in the various core subject areas. This can help teachers and parents learn specifically where additional assistance is needed for each particular student. This can also help the school determine areas of strength and weakness at various grade levels and our school as a whole.

To gain valid scores it is important for each student to do their very best. We encourage parents to discuss the importance of working hard on these tests with their child.

(See reverse side for tips on specific ways parents can help their child do their best on the upcoming tests!)

We should have test results back by the beginning of the 2004-2005 school year. Parents will receive a copy of their child's test results. After receiving these results if you have any questions, concerns or suggestions, please do not hesitate to contact your child's teacher, Mr. Brough or myself.

Students will be provided a morning snack each day of testing! This is not intended to take the place of a good breakfast. All students who try their best on the test each day will be allowed to go on a reward trip!



What's Up?

Pre-K and Kindergarten Screening- Thursday and Friday, April 1 and 2.

Progress Reports Go Out- Tuesday, April 6.

Red Wheel Sale Ends- Wednesday, April 7. All order forms need to be turned in by this date.

Professional Day- Friday, April 9. No School.

Achievement Tests Begin- Monday, April 12.

Pre-K Field Trip- Friday, April 16. Tulsa

Kindergarten Field Trip- Monday, April 19. Tulsa

Foster Grandparent Banquet- Tuesday, April 20. 6:30 pm Elementary cafeteria.

Kindergarten Fun Day- Thursday, April 22.

Testing Incentive Trip (1st-3rd Grades)- Thursday, April 22. Coleman Theater "Between the Lions Program" at 9:30 a.m.

Red Wheel Pick-Up Day- Thursday, April 22. All items ordered need to be paid for and picked-up from 3:00 p.m. to 6:30 p.m. in the gym.

Pre- K & Kindergarten to Petting Zoo at NEO- Friday, April 23.

Second Grade Field Trip- Wednesday, April 28. Caney, KS

Oklahoma Aquarium Program- Thursday and Friday, April 29 and 30.

Jay Track Meet- April 30. Selected students form 3rd-5th.

Teacher Appreciation Week- May 2 - May 8

Russian Kaleidoscope Program- Friday, May 7

Alexander Elementary Track Meet- May 10.

Kindergarten Graduation- Friday, May 14. 1:00pm

REMINDER * REMINDER * REMINDER

Red Wheel Sale Ends

Sale Ends: Wednesday, April 7
(All orders need to be turned in by this day.)

Pick Up and Pay for Items on: Thursday, April 22
(Please remind your buyers.)

Thank You!

Parents, Help Your Child Do Better On The Tests Next Week!

Our achievement tests start next week on Monday, April 12th - 16th. We thought it would be helpful to suggest some practical ways you can help your children relax and work "smarter" on the tests. *Children should follow these guidelines:*

- **Don't stay up late.** If a child has studied well, there's no need to "cram" all night. Being active earlier in the day (not right before bed) can help kids get to sleep.
- **Eat healthy meals.** This provides energy at test time. But eating a large meal *right* before the test is risky. Students need their bodies to focus on thinking, not digesting!
- **Wear a favorite outfit.** Your child should pick one that makes him feel confident and comfortable.
- **Learn to relax.** Some kids find it helpful to close their eyes and take a few deep breaths before a test. Others like to imagine a peaceful place, such as a beach.
- **Be positive.** *Expecting* to do well helps kids *do* well. Encourage your child to think positive thoughts, like "I can do it!" Also give compliments, such as "I'm proud of how hard you studied. I'll bet your teacher will be, too!"
- **Face fears.** It's normal to be worried about tests. But if your child seems too anxious, ask what he's afraid of. You may be able to reassure him. His teacher can also help.