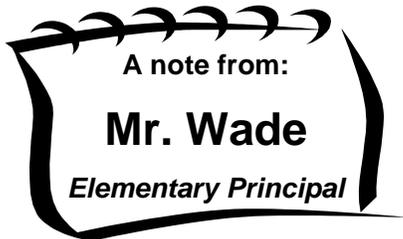


# Alexander Elementary

## Parents Make A Difference



Vol. 20 No. 6 February 2019



### Parent-Teacher Conferences

All schools will host Parent-Teacher Conferences on **Tuesday, February 19 and Thursday, February 21 from 3:45 to 6:45.**

This is a very important time to learn about your child's progress at school. We are in our 5<sup>th</sup> week of school for the second semester. If your child has fallen behind or is not where they need to be academically, now is the time to discuss ways to insure success.

We hope all parents will make an effort to attend Parent-Teacher Conferences. If you have not established a time to visit with your child's teacher, please call the school as soon as possible.

If you are unable to attend the conferences, we encourage you to contact your child's teacher to setup an alternative date and time.

**REMINDER: NO SCHOOL FOR THE STUDENTS ON FRIDAY, FEBRUARY 22!**

**Parent Teacher Conferences**  
Behavior Teamwork Grades Communication Homework  
Progress Goals Achieve



**Book Fair-** Runs until Friday, February 8.

**Rise & Shine Assembly-** Monday, February 11.

**3<sup>rd</sup> Quarter Progress Reports-** Tuesday, February 12.

**Valentine Pictures-** Tuesday, February 12.

**Valentine Day-** Thursday, February 14.

**Parent-Teacher Conferences-** Tuesday, February 19 and Thursday, February 21. (3:45PM to 6:45PM)

**No School-** Friday, February 22.

**Spring Pictures (Individual and Class)-** Wednesday, February 27.

**Third Grade Field Trip-** Friday, March 1 to Crystal Bridges in Bentonville, AR.

**End of 3<sup>rd</sup> Quarter-** Friday, March 1. Grade cards go out Tuesday, March 5.

**Kindergarten and GT Field Trip-** Thursday, March 7 to Wonders Of Wildlife Museum in Springfield, MO.

**Fall Carnival-** Friday, March 8 (5:30PM to 8:00PM)

**5<sup>th</sup> Grade Field Trip-** Wednesday, March 13 to Pitsco Education, Pittsburg, KS.

**Spring Break-** March 18-22



## Model the Behavior You Want to See In Your Child

“Children have never been very good at listening to their elders,” said James Baldwin. “But they have never failed to imitate them.”

Like it or not, you are a model for your child’s character. Each action you take teaches a powerful lesson to your child about the kind of person he should be.

Here are some ways you are a moral model:

- \*When you give to a religious group or a charity, you’re teaching your child that it is important to give to others.
- \*When you treat your child and others with love and respect, you are teaching him how he should treat others.
- \*When you wait to visit with the car owner after bumping their car in a parking lot, you are teaching your child that honesty is important even when no one is looking.
- \*When you spend time cleaning up a park, you are teaching your child to protect our environment.
- \*When you help your child with a project you said you’d help with even though you’re tired, you are teaching your child that promises matter.
- \*When you make goals for yourself, and are conscientious about your work, you are showing your child that these things are important.

What affects our children most? It’s usually not the big things. Instead, the small actions repeated over and over have the greatest impact.



## Give the Choice to Read

Parent Debbie Grillo knows how to get children to read every day without ever asking them to. She suggests that when your children are ready for bed, give them a choice of going to sleep or reading for 15 or 30 minutes. Her experience is that children always choose reading.



## Suggest Techniques to Help Your Child With Frustration

“It’s not that I’m so smart,” Albert Einstein said. “It’s just that I stay with problems longer.”

That’s good advice for your child, too. Kids often get frustrated if they can’t find the answers right away. They want to give up.

Here are some ways to help your child stick with a problem:

- \*Reread the directions. It’s the oldest advice in the world, but it works.
- \*Set a timer. Tell your child, “Keep at it until the timer rings. Then you can take a little break.”
- \*Talk it out. If your child is stuck, ask her to tell you what she’s done. Sometimes, just by talking it out she can figure out what she has to do.
- \*Work on something else. If your child is stuck on a math problem, have her practice the piano. The answer may come to her while she’s thinking about something different.
- \*Learn some relaxation techniques with your child. Stress levels become high when we get frustrated. Closing your eyes and taking deep breaths, and slowly counting to 10 are a few that work well.

## Board Games Can Keep The Busiest Parents Involved

Even parents who work multiple jobs can stay connected to their kids.



Teresa May from Piggott, Arkansas, says her husband has found a fun way. He keeps a running chess game going with his nine-year-old.

Each day—whether father and son are together or not—they go to the chessboard. One player makes one move, then excitedly awaits the other to come and make the next move. This can be done with checkers and other board games!