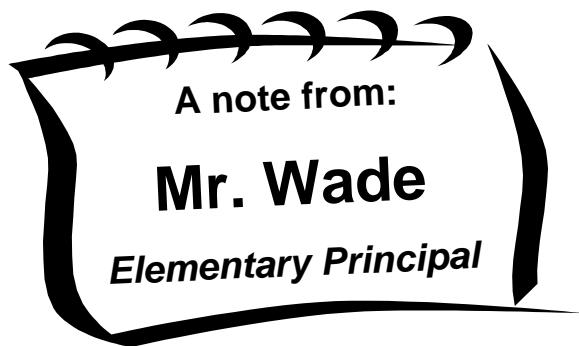


Alexander Elementary

Parents Make A Difference



Vol. 20 No. 4 December 2018



A note from:

Mr. Wade

Elementary Principal

Most would agree this is one of the busiest times of the year. Here are a few details regarding upcoming events at our school.

We encourage you to mark your calendar to attend the Alexander Elementary Christmas Concert on Tuesday, December 18. Our PK through 2nd grade will begin at 6:30PM. The 3rd through 5th grade will start at 7:30PM. We invite all parents and family members to come and enjoy the music of Christmas! This program is one of the biggest events of the year for our school and is sure to strengthen your Christmas spirit!

Many classes will participate in Polar Express on Thursday, December 20. This is a fun and educational experience where students watch the Polar Express movie and many classes join together to participate in a variety of activities.

This year's Christmas Break will run from December 24 through January 4. Students return to school on Monday, January 7. Grade cards for the first semester will go out on Tuesday, January 8.

We hope each of our students and their families have a wonderful Christmas and a prosperous New Year!



Rise and Shine Assembly- Monday, December 10.

1st and 2nd Grade to First State Bank (Commerce) to See Santa- Wednesday, Dec. 12. Transportation will begin at 1:00PM.

PK and K to Welch State Bank (Miami) to see Santa- Thursday, December 13. PK- Leave at 9:30AM and K- Leave at 1:30PM

AES Christmas Concert- Tuesday, December 18 at the NEO Fine Arts Center.
PK-2nd start at 6:30PM
3rd-5th start at 7:30PM

5th Grade Go Caroling- Wednesday, December 19.

Polar Express- Thursday, December 20.

End of 1st Semester- Friday, December 21.

Christmas and New Year's Day Break- December 24 through January 4. Return on 1/7.

1st Semester Grade Cards Go Out- Tuesday, January 8.

No School- Monday, January 21. (Staff Training)

Accelerated Reading Reward Trip- January 17 - (3rd, 4th, 5th) January 18- (K, 1st, 2nd).

Vision Screening- January 23-24.



A Checklist of Responsibilities Promotes Independence

Whether it's keeping track of textbooks or remembering to turn in homework, responsible behavior is a must for school success. And the best way to teach your child responsibility is to give her responsibilities.

School can be used as a perfect way to teach this important lifelong skill. You can sit down with your child and decide on a few tasks she's ready to handle on her own. Then make a checklist of everything you expect her to do. Agree on small rewards for a job well done, and consequences for times your child shirks responsibility.

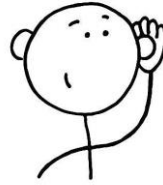
Here is a starter checklist of responsibilities you can adapt:

- ✓ Going to bed on time.
- ✓ Getting up on time.
- ✓ Fixing breakfast.
- ✓ Selecting an outfit.
- ✓ Packing lunch.
- ✓ Completing homework.
- ✓ Returning signed forms.
- ✓ Maintaining grades.
- ✓ Getting along with siblings.
- ✓ Keeping room clean.
- ✓ Completing assigned chores.
- ✓ Reading at least 15 minutes a day.
- ✓ Taking care of personal hygiene.
- ✓ Feeding/caring for pets



Merry Christmas

From the
teachers, staff &
administration at
Alexander Elementary School



Listen

Learn about your child each day. Communication is the key to a good relationship whether it is with your child, spouse, teacher, or friends. An important part of communicating is listening. How many of us have someone who truly listens to what we have to say? Make a commitment to be a good listener to your child. Give them that advantage. To get started, ask your child what their high and low is each day. Then, just listen. You might be surprised what you hear.



Sleep is Crucial for Your Child's Brain Growth

You probably know that sleep is necessary for your child's growing body. But did you know that sleep actually helps his brain work better, too?

Getting enough sleep each night allows your child to be more alert, pay closer attention and remember material with greater accuracy the next day.

To help your child get the recommended 11 to 13 hours of sleep each night:

- ★ Develop a sleep schedule. Have your child go to bed and wake up about the same time each day. Try to keep the same schedule on the weekends, too.
- ★ Enjoy some physical activity outside. Exercise and fresh air help kids sleep better.
- ★ Follow a bedtime routine. Take a bath, put on pajamas, brush teeth and read a story. Talk about something positive from the day. Then, lights out.
- ★ Make him feel safe. Put a night light in your child's room. Tell him you will check on him.