



**Commerce Public Schools
Weekly Bulletin
January 31 – February 4, 2011**



Monday, January 31

**MENU: Breakfast: Jump start breakfast with milk
Lunch: BBQ rib patty on bun, tator tots, salad bar, rosy applesauce, molasses cookie and choice of milk**

ACTIVITIES:

**CMS/CHS: Basketball at Welch (7G-9G-9B) 5:30 pm
CHS: Jr. & Soph. trip to NEO (Acrodunk) 9:30 am – 11:20 am**

Tuesday, February 1

**MENU: Breakfast: Scrambled eggs with toast, fruit and milk
Lunch: Mac and cheese with little smokies, seasoned green beans, salad bar, mixed fruit, hot roll and choice of milk**

ACTIVITIES:

**CHS: Teacher's Meeting 7:50 am
Basketball vs Quapaw 6:30 pm
CPS: Progress Reports To Out**

Wednesday, February 2

**MENU: Breakfast: Breakfast pizza, juice and milk
Lunch: Taco's, refried beans, grated cheese, shredded lettuce, salsa, sliced pears and choice of milk**

ACTIVITIES:

**CMS: 8th Grade Wyandotte Tournament (G vs Quapaw 12:00 & B vs Quapaw 1:00)
CHS: Tag Lottery Assembly 1:30 pm**

Thursday, February 3

**MENU: Breakfast: Waffle with sausage link, fruit and milk
Lunch: Chicken rings, mashed potatoes with gravy, sliced carrots, salad bar, biscuit, jello and choice of milk**

ACTIVITIES:

**CMS: 8TH Grade Wyandotte Tournament (G 7:00 pm & B 8:00)
CHS: NEO Sr. Day 9:30 am – 1:30 pm**

Friday, February 4

**MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Hamburger stew, crackers, cheese stick, apple crisp and choice of milk**

ACTIVITIES:

**CHS: Basketball at Oswego 6:00 pm
Vo-Tech Interviews 8:15 am**

Saturday, February 5

CMS: 8th Grade Wyandotte Tournament (G 12:00 & B 1:00)