



**Commerce Public Schools  
Weekly Bulletin  
September 21 - 25, 2009**



- Monday, September 21** MENU: Breakfast: French toast stick with sausage link, juice and milk  
Lunch: Chicken patty on bun, curly fries, salad bar, chilled fruit and choice of milk
- ACTIVITIES:** AES: Rise and Shine Assembly  
CMS: Pep Assembly 11:30 am  
Football vs Joplin McAuley 6:00 pm  
CHS: FCCLA Scavenger Hunt (meet at HS) 5:00 pm - 8:00 pm
- Tuesday, September 22** MENU: Breakfast: Cereal with pop tart, fruit and milk  
Lunch: Lasagna, broccoli with cheese sauce, salad bar, slice of garlic french bread and choice of milk
- ACTIVITIES:** AES: Teacher's Meeting 3:15 pm  
Red Wheel Delivery 3:30 pm - 6:30 pm  
CMS: 8<sup>th</sup> Grade Explore Test 9:00 am - 11:30 am  
CHS: Softball vs Chelsea 4:30 pm
- Wednesday, Sept. 23** MENU: Breakfast: Breakfast pizza with juice and milk  
Lunch: Taco's shredded cheese, salsa, refried beans, salad bar, pudding and choice of milk
- Thursday, September 24** MENU: Breakfast: Jumbo ring donut with cereal, fruit and milk  
Lunch: Chicken fry, mashed potatoes with gravy, seasoned green beans, hot roll and choice of milk
- ACTIVITIES:** AES: Book Fair Begins (ends October 5)  
CHS: Josten's Rep. will meet with Seniors at 8:30 am and Sophomores at 9:20 am
- Friday, September 25** MENU: Breakfast: Biscuit with sausage gravy, juice and milk  
Lunch: Cheeseburger, tator tots, salad bar, dessert and choice of milk
- ACTIVITIES:** CHS: Pep Assembly 2:45 pm  
Football at Afton - 7:30 pm