



Commerce Public Schools

Weekly Bulletin



October 26 - 31, 2009

RED RIBBON WEEK

Monday, October 26

MENU: Breakfast: French toast stick with sausage link, juice and milk
Lunch: Chicken patty on bun, curly fries, salad bar, chilled mandarin oranges and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CMS: "Drugs give you the Blues" - Wear blue & show school spirit
Strength Team @ 10:00 am Pep Assembly 11:35 am Football vs Ketchum 6:00 pm
CHS: FCCLA District Leadership in Miami 8:30 am
Students receive Red Ribbon Bracelets during lunch

Tuesday, October 27

MENU: Breakfast: Cereal with pop tart, fruit and milk
Lunch: Spaghetti, buttered broccoli, salad bar, slice of Italian bread and choice of milk

ACTIVITIES:

AES: Teacher's Meeting - 3:15 pm
CMS: "Friends don't let friends do Drugs" - Friends may dress in matching outfits
Welch 6th Grade Basketball Tourn. (G vs Welch @ 4:00 pm and B vs Oswego @ 5:00 pm)
CHS: Student Council District Meeting at Vinita 9:00 am

Wednesday, October 28

MENU: Breakfast: Breakfast pizza with juice and milk
Lunch: Taco's, shredded cheese, salsa, refried beans, salad bar, chilled pineapple and choice of milk

ACTIVITIES:

CMS: "Drugs kill Dreams" - Students may wear pajama pants

Thursday, October 29

MENU: Breakfast: Jumbo ring donut with cereal, fruit and milk
Lunch: Steak fingers, mashed potatoes with gravy, seasoned green beans, biscuit and choice of milk

ACTIVITIES:

CMS: "Being drug free is groovy baby" - Students may dress like hippies
Welch 6th Grade Basketball Tournament TBA
CHS: Wear Red for Red Ribbon Week
Poetry Contest 6:00 pm

Friday, October 30

MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Hamburger stew, crackers, salad bar, tropical fruit salad, oatmeal cookie and choice of milk

ACTIVITIES:

AES: Halloween Party and Parade - Parade begins at 1:00 pm
CMS: "Say BOO to drugs" - Students may wear Halloween costumes
Man Up Boys Event - 8:30 am (8th Grade boys)
CHS: Man Up Boys Event 8:30 am (9th - 12th Grade boys)
Speech Tournament (Debate) 3:30 pm
Football at Quapaw 7:30 pm

Saturday, October 31
Halloween

CMS: Welch 6th Grade Basketball Tournament TBA
CHS: Speech Tournament 8:00 am to 5:00 pm

Sunday, November 1

Daylight Savings Time Ends